



Washington  
Association for  
Community Health  
Community Health Centers  
Advancing Quality Care for All

## *NWRPCA Workforce Development Program*

# **Partners in Care Virtual Training Series**

**Tuesday, February 20, 2024 - Tuesday, March 26, 2024 PST**

## **Agenda**

### **Week 1: Tuesday, February 20, 2024**

12:00pm – 1:30pm PT

### **Expanding Access to Care: Strategies for Oral Health Integration**

Health centers are an ideal setting for integration of health care disciplines. Oral health integration can expand access to care and is a critical component of whole person care. Over the last decade, health centers have demonstrated innovation in the bilateral integration of oral health and primary care practice (IOHPCP) and integration of behavioral and oral health (IBOH). This webinar will describe frameworks for medical, dental, and behavioral health integration and provide examples of bilateral integration. Health centers from the northwest region will share their experiences and lessons learned in implementing integration initiatives.

### **Learning Objectives:**

- Describe Health center integration initiatives over the past 20 years.
- Explain the framework for medical, dental, and behavioral health integration.
- Learn how 3 health centers implemented and sustained oral health integration projects in their organization.

### **Speakers:**

#### **Dr. Irene Hilton, DDS, MPH**

Staff Dentist, San Francisco Department of Health and dental consultant, National Network for Oral Health Access (NNOHA)

#### **Dr. Liza Bozetti, DDS**

Dental Director, Virginia Gracias Memorial Health Center

#### **Dr. Priyadarshini Agarwal, DMD**

Dental Director, Waterfall Community Health Center

**Cord Van Riper, MPH**

Chief Operations Officer, Klamath Health Partnership (KHP)

**Jacie Zahler**

Quality Care Analyst, Klamath Health Partnership (KHP)

**Courtney Acosta, BS**

Grant Writer & Data Analyst, Waterfall Community Health Center

**Jordan McLaren, MS**

Behavioral Health Assistant Manager, Waterfall Community Health Center

**Week 2: Tuesday, February 27, 2024**

12:00pm – 1:30pm PT

**Tribal Community Health Provider Program: Healthcare Career Pathways for Tribal Communities**

The Tribal Community Health Provider Program (TCHPP) is an initiative that aims to better the health and well-being of American Indian and Alaska Native (AI/AN) communities in the Portland Area. The TCHPP has three programs: the Dental Health Aide Program (DHAP), the Behavioral Health Aide Program (BHAP), and the Community Health Aide Program (CHAP). These programs train and employ AI/AN healthcare provider who can provide culturally appropriate and integrated services in oral health, behavioral health, and primary care. The TCHPP also addresses the social and structural determinants of health that affect AI/AN populations and partners with tribes, tribal health programs, and leaders to foster tribal innovation and leadership in healthcare.

**Learning Objectives:**

- Describe the origins, integrated structure, and cultural resonance of the Tribal Community Health Provider Program (TCHPP).
- Identify the process to employ or become employed as a healthcare provider through the TCHPP.
- Explain how TCHPP addresses social and structural determinants of health in Tribal communities.

**Speakers:****Dr. Miranda Davis, DDS, MPH**

Prevention Consultant, Northwest Tribal Dental Support Center and Director of Northwest Dental Health Aide Program and Native Dental Therapy Initiative at Northwest Portland Area Indian Health Board (NPAIHB)

**Christina Friedt Peters, B.A., M.J.**

TCHP Education Program Director, Northwest Portland Area Indian Health Board (NPAIHB)

**Dolores Jimerson, LCSW, ADS, CPC (Seneca)**

Behavioral Health Clinical Supervisor, Northwest Portland Area Indian Health Board (NPAIHB)

**Carrie Sampson Samuels**

Program Director, Northwest Portland Area Indian Health Board (NPAIHB)

**Stephannie Christian, PA**

TCHP Education Program Director, Northwest Portland Area Indian Health Board (NPAIHB)

**Week 3: Tuesday, March 5, 2024**

12:00pm – 1:30pm PT

**Gender Affirming Care in the Primary Care Setting**

This webinar will discuss ways to optimize interactions with transgender and gender diverse patients, including the relevance of a trauma-informed approach. Information about elements of primary care tailored to TGD people, such as screening for cancer and health maintenance, will be reviewed. Information about the basics of gender-affirming medical management will be presented as well.

**Learning Objectives:**

- Increase insight on how to have a gender aware approach to TGD patients
- Learning how to appropriately tailor wellness measures to TGD patients based on their individual history and experiences
- Gain skills in assessing for the use of and prescribing gender affirming medications.

**Speakers:****Dr. Corinne Heinen, MD, FAAFP**

Physician Lead, UW Transgender & Gender Non-Binary Health Program, Director, LGBTQ+ Health Equity Program, UW Medicine Office of Health Care Equity and Clinical Professor Departments of Family Medicine & Internal Medicine, Allergy & Infectious Disease, University of Washington

**Sean Johnson, LICSW**

Administrative Program Director for the University of Washington Medicine's Transgender and Gender Non-Binary Health Program

## **Week 4: Tuesday, March 12, 2024**

12:00pm – 1:30pm PT

### **Expanding the Scope of Collaborative Care to Work with Both Substance Use Disorders and Mental Health Disorders**

Collaborative Care focuses on managing long-term illness in primary care. It can be expanded to include substance use disorders. Whole person care provides a holistic approach to healthcare, addressing all patient needs. This webinar will address the rising substance use in rural areas and the challenges faced by rural communities in establishing prevention and treatment programs for substance use disorders.

#### **Learning Objectives:**

- Describe the collaborative care model for mental health integration in primary care settings.
- Briefly review the current evidence base for using the collaborative care model for SUDs.
- Identify what are reasons to consider expanding the scope of collaborative care to include SUDs.
- Highlight what are some practical considerations that need to be considered when expanding this scope. Walk through the limitations of this approach.

#### **Speakers:**

##### **Dr. Mark Duncan, MD**

Assistant Professor, UW Departments of Psychiatry and Behavioral Sciences and of Family Medicine

## **Week 5: Tuesday, March 19, 2024**

12:00pm – 1:30pm PT

### **Improving Diabetes Management using Integrated Care Teams**

This webinar session will focus on the complexities of diabetes management with discussions pertaining to factors that impact management. Attendees will learn the importance of developing integrated care teams and determine the ways integrated care teams can assist patients living with diabetes. Additionally, attendees will be provided resources that can be utilized in their healthcare facility to improve the quality of life among individuals living with diabetes.

#### **Learning Objectives:**

- Discuss factors that impact diabetes management.

- Explain the ways integrated care teams can improve diabetes management.
- Discuss techniques to improve patient-provider collaborations on treatment plans.

**Speakers:**

**Ny'Nika McFadden, PhD**

Assistant Professor of Public Health, Texas State University

**Week 6: Tuesday, March 26, 2024**

12:00pm – 1:30pm PT

**Addressing Burnout and Compassion Fatigue in the Integrated Care Environment**

Burnout is a common and serious occupational hazard for individuals working in healthcare settings. Providers and staff deserve support preventing and recovering from burnout. In this webinar, we will define burnout and distinguish it from related challenges including secondary traumatic stress (STS), anxiety, and depression; we will identify risk factors for burnout; and we will explore what organizations and individuals can do to prevent, manage, and recover from burnout in the integrated care environment.

**Learning Objectives:**

- Define burnout and distinguish it from related challenges including secondary traumatic stress
- List 3 risk factors for burnout
- Describe 1 way to assess burnout
- Explain 1 organizational-level strategy to address burnout
- Explain 1 individual-level strategy to address burnout
- Explain how team-based approaches can promote health and well-being

**Speakers:**

**Ann Marie Roepke, PhD**

Psychologist and Coach, Evoke Training and Consulting, PLLC