



Washington
Association for
Community Health
Community Health Centers
Advancing Quality Care for All

NWRPCA Workforce Development Program

Partners in Care Virtual Training Series

Thursday, May 23, 2024 - Thursday, June 27, 2024, PST

Agenda

Week 1: Thursday, May 23, 2024,

12:00pm – 1:30pm PT

Oral Health Synergy: Bridging the Care Gap and Expanding Access

Health centers are an ideal setting for integration of health care disciplines. Oral health integration can expand access to care and is a critical component of whole person care. Over the last decade, health centers have demonstrated innovation in the bilateral integration of oral health and primary care practice (IOHPCP) and integration of behavioral and oral health (IBOH). This webinar will describe frameworks for medical, dental, and behavioral health integration and provide examples of bilateral integration. Health centers from the northwest region will share their experiences and lessons learned in implementing integration initiatives.

Learning Objectives:

- Describe Health center integration initiatives over the past 20 years.
- Explain the framework for medical, dental, and behavioral health integration.
- Learn how 3 health centers implemented and sustained oral health integration projects in their organization.
- Educating clinicians and dentists on best practices for managing pain, including safe opioid prescribing.

Speakers:

Dr. Irene Hilton, DDS, MPH

Staff Dentist, San Francisco Department of Health and dental consultant, National Network for Oral Health Access (NNOHA)

Dr. Liza Bozetti, DDS

Dental Director, Virginia Gracias Memorial Health Center

Dr. Priyadarshini Agarwal, DMD

Dental Director, Waterfall Community Health Center

Cord Van Riper, MPH

Chief Operations Officer, Klamath Health Partnership (KHP)

Jacie Zahler

Quality Care Analyst, Klamath Health Partnership (KHP)

Courtney Acosta, BS

Grant Writer & Data Analyst, Waterfall Community Health Center

Jordan McLaren, MS

Behavioral Health Assistant Manager, Waterfall Community Health Center

Week 2: Thursday, May 30, 2024

12:00pm – 1:30pm PT

Empowering Native Communities: The Tribal Community Health Provider Program

The Tribal Community Health Provider Program (TCHPP) is an initiative that aims to better the health and well-being of American Indian and Alaska Native (AI/AN) communities in the Portland Area. The TCHPP has three programs: the Dental Health Aide Program (DHAP), the Behavioral Health Aide Program (BHAP), and the Community Health Aide Program (CHAP). These programs train and employ AI/AN healthcare provider who can provide culturally appropriate and integrated services in oral health, behavioral health, and primary care. The TCHPP also addresses the social and structural determinants of health that affect AI/AN populations and partners with tribes, tribal health programs, and leaders to foster tribal innovation and leadership in healthcare.

Learning Objectives:

- Describe the origins, integrated structure, and cultural resonance of the Tribal Community Health Provider Program (TCHPP).
- Identify the process to employ or become employed as a healthcare provider through the TCHPP.
- Explain how TCHPP addresses social and structural determinants of health in Tribal communities.

Speakers:

Dr. Miranda Davis, DDS, MPH

Prevention Consultant, Northwest Tribal Dental Support Center and Director of Northwest Dental Health Aide Program and Native Dental Therapy Initiative at Northwest Portland Area Indian Health Board (NPAIHB)

Christina Friedt Peters, B.A., M.J.

TCHP Education Program Director, Northwest Portland Area Indian Health Board (NPAIHB)

Dolores Jimerson, LCSW, ADS, CPC (Seneca)

Behavioral Health Clinical Supervisor, Northwest Portland Area Indian Health Board (NPAIHB)

Carrie Sampson Samuels

Program Director, Northwest Portland Area Indian Health Board (NPAIHB)

Stephannie Christian, PA

TCHP Education Program Director, Northwest Portland Area Indian Health Board (NPAIHB)

Week 3: Thursday, June 6, 2024,

12:00pm – 1:30pm PT

Mastering Diabetes Management: A Comprehensive Guide

This webinar session will focus on the complexities of diabetes management with discussions pertaining to factors that impact management. Attendees will learn the importance of developing integrated care teams and determine the ways integrated care teams can assist patients living with diabetes. Additionally, attendees will be provided resources that can be utilized in their healthcare facility to improve the quality of life among individuals living with diabetes. The session will focus on exploring various effective pain management strategies that can be implemented for diabetic patients. The discussion will also cover the challenges and considerations specific to diabetic patients, and how to ensure safe and optimal pain management outcomes.

Learning Objectives:

- Discuss factors that impact diabetes management.
- Explain the ways integrated care teams can improve diabetes management.
- Discuss techniques to improve patient-provider collaborations on treatment plans.
- Educating healthcare professionals on identifying, diagnosing, and connecting diabetic patients with treatment for opioid and stimulant use disorders.

Speakers:**Ny'Nika McFadden, PhD**

Assistant Professor of Public Health, Texas State University

Week 4: Thursday, June 13, 2024,

12:00pm – 1:30pm PT

Optimizing Primary Care Interactions with Gender Diverse Patients

Gender-affirming care is a type of healthcare that is designed to provide support to transgender and nonbinary individuals. It encompasses a range of services, including mental health support, hormone therapy, and reconstructive surgeries. medical, s and non-medical support services. The session will discuss the importance of finding effective support and treatment to manage pain in gender-aware facilities.

Learning Objectives:

- Discuss best practices and resources to support gender-diverse clients
- Create a gender-inclusive and affirming environment in your clinic and community.
- Explain how gender-affirming care can improve patient outcomes and build trust with patients.
- Identify substance use as a maladaptive coping mechanism and discuss screening and diagnosis methods.
- Recognize the benefits of using topical treatment or nerve blocks for electrolysis instead of relying solely on oral pain medications.

Speakers:**Corinne Heinen, MD, FAAFP**Physician Lead, UW Transgender & Gender Non-Binary Health Program and Director, LGBTQ+ Health Equity Program, UW Medicine Office of Health Care Equity
Sean Johnson, LICSW

Program Director, Transgender and Gender Non-Binary Health Program, UW Medicine

Week 5: Thursday, June 20, 2024

12:00pm – 1:30pm PT

Addressing Substance Use Disorders in Rural Communities

Collaborative Care focuses on managing long-term illness in primary care. It can be expanded to include substance use disorders. Whole person care provides a holistic approach to healthcare, addressing all patient needs. This webinar will address the

rising substance use in rural areas and the challenges faced by rural communities in establishing prevention and treatment programs for substance use disorders.

Learning Objectives:

- Describe the collaborative care model for mental health integration in primary care settings.
- Briefly review the current evidence base for using the collaborative care model for SUDs.
- Identify what are reasons to consider expanding the scope of collaborative care to include SUDs.
- Highlight what are some practical considerations that need to be considered when expanding this scope. Walk through the limitations of this approach.

Speakers:

Dr. Mark Duncan, MD

Assistant Professor, UW Departments of Psychiatry and Behavioral Sciences and of Family Medicine

Week 6: Thursday, June 27, 2024,

12:00pm – 1:30pm PT

Caring for the Caregivers: Addressing Burnout and Compassion Fatigue in Healthcare

Burnout is a common and serious occupational hazard for individuals working in healthcare settings. Providers and staff deserve support preventing and recovering from burnout. In this webinar, we will define burnout and distinguish it from related challenges including secondary traumatic stress (STS), anxiety, and depression; we will identify risk factors for burnout; and we will explore what organizations and individuals can do to prevent, manage, and recover from burnout in the integrated care environment.

Learning Objectives:

- Define burnout and distinguish it from related challenges including secondary traumatic stress
- List 3 risk factors for burnout
- Describe 1 way to assess burnout
- Explain 1 organizational-level strategy to address burnout
- Explain 1 individual-level strategy to address burnout
- Explain how team-based approaches can promote health and well-being

Speakers:

Ann Marie Roepke, PhD

Psychologist and Coach, Evoke Training and Consulting, PLLC

